



## PART 1: Do's and Don'ts

### INTRODUCTION

Lots of people think Christianity is all about obeying a set of rules or making sure to check all the do's and don'ts list. But what if that's not what Jesus says to do at all? No matter what you believe in. No matter how you behave. Jesus invites you to... follow him.

### DISCUSSION QUESTIONS

#### AWAKEN

1. Talk about one of your favorite teachers, coaches, or bosses. What made it easy for you to follow that person?
2. Did you grow up in a church that emphasized Jesus' do's and don'ts list over following him? Or if you didn't grow up going to church, did you assume that's what Christianity was all about? How has the "do's and don'ts" mindset affected your spiritual journey so far?

#### ALIGN

3. Read Matthew 9:9-13. What made it difficult for the Pharisees to comprehend the actions of Jesus to have fellowship with the sinners and tax collectors?
4. How is the idea that Jesus wants everyone to follow him regardless of what they believe or how they behave comforting? How is it challenging?

#### APPLY

5. What are some things that make it difficult for you to follow Jesus?
6. What is one thing you can do this week to begin to follow Jesus or to follow him more closely? What can this group do to support you?

### MOVING FORWARD

At the end of the day, the question isn't how far along on your spiritual journey you are, but whether you're following Jesus. Begin tomorrow morning with this prayer: *"Lord, where you lead, I will follow."*

### RENEWING YOUR MIND

*Then he called the crowd to him along with his disciples and said: "Whoever wants to be my disciple must deny themselves and take up their cross and follow me."*

**Mark 8:34 NIV**